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Patient Information Cataract leaflet



Nuffield Hospitals

If you would like to know more please call
01473 279145

www.easternsurgery.co.uk



**working in
partnership with**



Nuffield Hospitals

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what happens next?

- 1.** Your optometrist or GP will send your details to the local Referral or Booking Management Centre at the Primary Care Trust.
- 2.** You should contact the Referral or Booking Centre to discuss where you would like your operation to be undertaken.
- 3.** The Referral or Booking Centre will ask you to decide where you would like to have your cataract operation. They will be able to answer non-clinical questions about the centres available to you.
- 4.** If you choose to have your operation with Eastern Surgery at the Nuffield Hospital, your details will be forwarded to the team at Eastern Surgery.
- 5.** The team at Eastern Surgery will contact you either by telephone or by letter a few days following your conversation with the Referral or Booking Centre. They will arrange a date for your pre-assessment appointment prior to the operation.

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6. If you have any questions at this time please do not hesitate to ask one of the team at Eastern Surgery who will be happy to help.
 7. You will receive confirmation of all appointments in writing, together with an information leaflet explaining what will happen at the pre-assessment appointment and during

the operation. It is important that you read this information or ask a carer or friend to help you do so. It will contain information relating to questions that you will be asked at the pre-assessment appointment.

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your choice


You have been given this leaflet by your GP or optometrist following an assessment which shows that you MAY need a cataract operation. PLEASE READ THE FOLLOWING CAREFULLY. IT TELLS YOU ABOUT A VERY IMPORTANT CHANGE IN NHS CARE.

Owing to the changes in the way that eye surgery is organised nationally, you have now got a number of choices of where you can have the operation – all of them are free to you under NHS care.

One of the locations you can choose is the Nuffield Hospital, Ipswich, or Nuffield Hospital, Bury St Edmunds which are working in partnership with the surgeons of a company called Eastern Surgery Ltd.

Eastern Surgery enjoys a unique working relationship with Nuffield Hospitals in East Anglia - and provides a high quality service to NHS patients.

This leaflet gives you information about Eastern Surgery and will help you to decide where to have your operation.



Eastern Surgery is an independent provider of cataract and other ophthalmic procedures. Eastern Surgery works alongside Independent Hospitals in East Anglia to provide high quality, individualised healthcare in relaxed environments.

Eastern Surgery has provided operations for the NHS in Essex and Suffolk since February 2004. We believe that we offer the finest care to the NHS by using highly experienced local consultant surgeons, caring for patients in the best possible surroundings offered by the Nuffield private medical group.

finest care

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the advantages

Choosing to have your operation performed by Eastern Surgery at the Nuffield Hospital has considerable advantages for you:

The Nuffield Hospital:

- offers clean, modern accommodation.
- free car parking for patients and visitors.
- MRSA rates are low.

This is facilitated by adopting strict criteria which ensure that patients with, or at risk from having MRSA are screened prior to admission.

Eastern Surgery Ltd:

- Will offer you a date for consultation and pre- assessment within 13 weeks of receiving your referral, and an operation date within a further 12 weeks.
- All patients are operated on by consultant surgeons.

no cost to you

- You may have previously had an operation by one of our surgeons and may wish to be cared for by the same surgeon. Eastern Surgery can offer you a choice of surgeon.
- The ophthalmic surgeons working with Eastern Surgery are able to offer local anaesthetic using topical methods. Meaning that needles are not used to administer the anaesthetic. The best form of anaesthetic for you will be discussed at your pre-assessment appointment.

We would like to emphasise that although the operations are carried out in independent medical facilities, patients remain under NHS care, and there is no cost or bill to you.

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Mr Clive Edelsten



Mr Richard Goble

our team

Ophthalmic Surgeons

All our eye operations are undertaken by consultant ophthalmic surgeons, with a wide range of ophthalmic experience and expertise. The surgeons all have an average of 20 years experience each of performing cataract surgery.

If you have had previous eye conditions or surgery you may have been cared for by one of the Eastern Surgery team in an NHS Hospital. You may wish to be treated by the same surgeon again, we can arrange that for you at the Nuffield Hospital.

Mr Clive Edelsten

Mr Edelsten trained at Cambridge University and the Middlesex Hospital, London and qualified as a consultant in 1993. His special interest is in ocular inflammatory disease and laser treatment of age related maculopathy. He has wide experience in the surgery of complicated cataracts associated with uveitis and runs the supra regional service for children with these conditions at Great Ormond Street.

Mr Richard Goble

Undertook his ophthalmology training at St Bartholomews and St Thomas Hospital, London and the Birmingham Midland Eye Hospital. He has been working as a NHS consultant since 1997. Mr Goble has extensive



Mr Simon Hardman Lea



Mr Andrew William Kiel



Mr Roger Lewis

experience in managing complex cataract procedures.

Mr Simon Hardman Lea

Trained in ophthalmology in Oxford and St Thomas and Moorfields Eye Hospitals in London. He has been a consultant in Ipswich since 1994, with particular interests in ocular surface disease and surgery to the front of the eye.

Mr Andrew William Kiel

Qualified from Queens Medical Centre, Nottingham in 1991. Mr Kiel undertook ophthalmic training in Burton on Trent, Winchester, Southampton, Nottingham, Mansfield and Derby, as well as fellowship training in glaucoma in

Dunedin, New Zealand under Professor Molteno. He is the newest consultant in Ipswich having been appointed in September 2003.

Mr Roger Lewis

Trained as an ophthalmologist in Sheffield, Bristol and Exeter and commenced as a consultant in Ipswich in 1982. He has extensive ophthalmology experience at consultant level and also specialises in oculoplastic surgery and ophthalmic diabetic disease.

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Adrian Faulkner



Kiran Sinha



Adrian Kite



Guy Marshall

our team

Optometrists

Supporting the consultant ophthalmologists in pre and post operative care is our team of optometrists:

Adrian Faulkner

Trained as an optometrist at Aston University and graduated in 1979. He undertook a PhD in the department of ophthalmology at Manchester University studying glaucoma and visual fields. Adrian has been in practice as an optometrist for almost 25 years and has worked at Moorfields Eye Hospital in London. He has been working at Ipswich hospital since 1983.

Kiran Sinha

Commenced her career as a dispensing optician in 1984. She graduated in 1991 gaining a BSc

(Hons) in ophthalmic optics from Glasgow. In 1998 she joined the team at Ipswich Hospital where she has been practising as an optometrist alongside Adrian Faulkner and the ophthalmologists.

Adrian Kite

Undertook his Optometry training at the University of Wales, Cardiff, graduating with First class honours. He has been part of the Ophthalmology team in Ipswich since 1999, alongside his work in private practice.

Guy Marshall

Graduated from Aston University in 1978 graduating with BSc Hons in Optometry. Guy has been working within private practice and within the Eye Service at Ipswich Hospital. He is currently undertaking a Further and Additional Supply qualification.

about us

We hope that you will choose Eastern Surgery and Nuffield Hospitals for your cataract operation.

If you would like to know more about the way Eastern Surgery works, or to find out more about the surgeons and staff, please call **01473 279145**.

A member of the team will answer any questions you have. You can then make your choice between the different options for your surgery with full knowledge of the benefits Eastern Surgery offers you.



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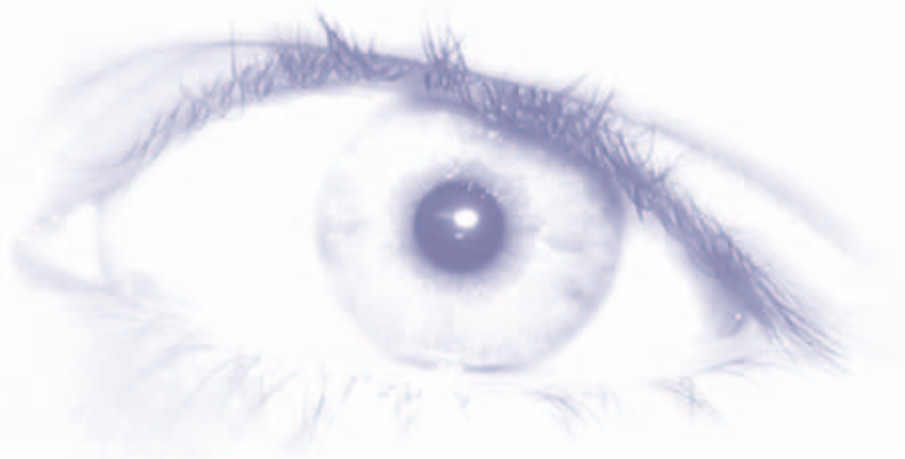
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